ALEXANDRIA WALKER

COMMUNITY HEALTH ADVOCATE
+ YOUTH COUNSELOR

Franklin, WI | 630 392 9200 | alexandriaw99@gmail.com

PROFESSIONAL HISTORY

With a passion for all things Mental Health & Wellness, Alexandria is a personable and reliable personality seeking work with Adults or Youth that have mental diagnosis, behavioral challenges, or mental health struggles. Consistent with staying up to date on current therapies as well as confident iin the implementation of CBT, Exposure Therapy, and Art Therapy. Extensive eperience with client record keeping/notes, in-crisis counseling and de-escsalation techniques.

PROFESSIONAL SKILL

Crisis Management
Client/Company Networking
Adaptability
Cultural Compentency

TECHNICAL SKILL

Empathy Training
Person-Centered Approach
ASL (American Sign Language)
Crisis Management

EDUCATION

Bachelor of Science/ Community Health, Speech & Hearing Science 2017-2021
University of Illinois at Urbana-Champaign, Champaign IL

Master of Social Work/ Advanced Clinical Concentration 2022-2024
University of Illinis at Urbna-Champaign, Champaign IL
est. Graduated - December 2024

WORK EXPERIENCE

Workplace Health & Safety Specialist June, 2022 - Present
Amazon, Oak Creek WI

- Keep management and support teams up to date on daily, weekly, and monthly health and safety metrics
- Establish and update company crisis management plan with established EMS partners
- Managed high intensity sirtuations with associates experiencing physical or mental difficulties

Youth Counselor September, 2021 - May, 2022
Cunningham Childrens Home, Urbana IL

- Provided counsel to youth with developmental, social, emotional and physical diagnosis
- Created and carried out monthly recreation calendar for clients including organize community events
- Promote independence in all clients through weekly lesson plans & treatment plans